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ABLE2 Welcomes Ottawa Charge Player Kate Reilly as New Ambassador

Ottawa, ON - ABLE2 is pleased to announce a new partnership with Kate Reilly, defender with the Ottawa Charge, who will serve as the organization's newest ambassador.

A professional athlete, medical student, and dedicated community volunteer, Reilly brings a strong commitment to connection, community engagement, and creating opportunities for others. Through this new role, she will help raise awareness of ABLE2's work supporting people with disabilities and promoting a more inclusive Ottawa.

Reilly was introduced to ABLE2 through former teammate Stephanie Markowski, who previously served as an ambassador for the organization. As she learned more about ABLE2's mission, she was particularly inspired by its focus on fostering meaningful connections and building a community where everyone has the opportunity to participate, contribute, and thrive.

"I think awareness is always a really important piece," said Reilly. *"If I could bring more awareness to the work ABLE2 does, that would be meaningful."*

She also sees the role as an opportunity to learn from the disability community and deepen her understanding of accessibility and inclusion.

"I'm really excited to learn how I can be better in my community and how I can help foster inclusion and accessibility," Kate shares.

"We are thrilled to welcome Kate to ABLE2," said Heather Lacey, Executive Director of ABLE2. *"Her commitment to community, her willingness to learn, and her desire to make a positive impact make her an excellent ambassador for our organization. We look forward to working together to raise awareness of ABLE2 and the importance of building communities where everyone belongs."*

As an ambassador, Reilly will support ABLE2 through community events, awareness initiatives, and advocacy efforts that help shine a light on the experiences and contributions of people with disabilities in Ottawa.

About ABLE2

ABLE2 is a charitable organization that empowers individuals with disabilities to build fulfilling lives by supporting them with programs, services, and resources. People with disabilities face many barriers to their full participation in society, they can include stigma, discrimination, poverty, exclusion from employment, and inequities in the education, health care and legal systems. Visit www.able2.org to learn more.

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